

## Drinking Water Storage for 1 Person for 3 Days!



Storing enough water for 1 person for 3 days sounds pretty simple, right? It is. You need to store enough water for every member of your family. Here are some tips worth considering.

1. You need 1 gallon of drinking water per day for one person. (2 quarts for drinking, 2 quarts for food preparation/sanitation) Intense physical activity and hot environments can double or triple the water needed. Children, nursing mothers, and ill people also need more.
2. 3 Days = 3 gallons = 25 lbs of water.
3. Store water ONLY in a container that was used for something drinkable.
4. Tap water works great. Add it to your clean container.
5. Disinfect the water with 4 drops of 5.25% - 6% chlorine bleach per quart or liter. Put 8 drops in a 2-liter bottle. (Check the label to see the percentage of Sodium Hypochlorite in the bleach. The Clorox™ brand of bleach worked for me.)  
*1 quart = 4 drops    2 liters = 8 drops    1 gallon = 16 drops    5 gallons = 1 Teaspoon*
6. After adding bleach, shake or stir the water container, then let it stand 30 minutes before drinking. DO NOT drink the water immediately. It takes time for the bleach to kill bacteria, viruses, etc.
7. The ideal drinking water storage container? The plastic 2-liter soft drink bottle! It takes 6 of them to hold 3 gallons of drinking water.
8. Don't use plastic 1-gallon milk jugs for long-term storage. The milk solids will leach out of the plastic and turn your water cloudy.
9. Use tag or tape to date when the bottle was filled. Replace the water with new, treated water every 6 months.
10. If water lacks the chlorine taste, the chlorine protection is gone. Yuck = OK!
11. If water tastes flat, pour it from cup to cup to get oxygen back into it.